

Posn	Time	Number	Class	First Name	Surname	Club
1	17:47.0	579	SM	Tim	Harris	Flitwick Flyers
2	18:33.0	503	SM	Adrian	Wadsworth	Flitwick Flyers
3	18:54.0	550	SM	Mark	Simpson	FVS Tri
4	19:12.0	519	SM	John	Newall	Royston Runners
5	19:18.0	501	MV40	Dil	Wetherill	WAOC
6	19:26.0	595	SM	Kieron	Lewis	Flitwick Flyers
7	19:32.0	583	SM	Andy	Bierton	Flitwick Flyers
8	19:40.0	606	MV40	Andy	Phillips	Riverside Runners
9	19:42.0	581	MV40	Gavin	Davis	
10	20:16.0	502	SM	Keith	Pritchard	Riverside Runners
11	20:28.0	557	MV40	John	Russell	North Herts Road Runner
12	20:30.0	539	MV40	Stewart	Bryant	North Herts Road Runner
13	20:35.0	520	SM	James	Titmuss	
14	20:39.0	573	SM	Simon	Patenhall	FVS Tri
15	21:04.0	616	SM	Mark	Wharram	Tri London
16	21:08.0	615	MV40	Richard	Harbon	North Herts Road Runner
17	21:11.0	592	MV40	Stuart	Manktelow	Trent Park
18	21:15.0	590	MV40	Rick	Frolich	
19	21:19.0	541	MV40	Jeremy	Lintott	FVS Tri
20	21:25.0	575	SM	Matt	Simmonds	
21	21:32.0	585	MV40	Neil	Gregory	Biggleswade AC
22	21:40.0	576	MV40	Martyn	Annetts	North Herts Road Runner
23	22:06.0	543	MV50	Norman	Brown	Stragglers
24	22:11.0	418	SW	Jo	Clarke	Victoria Park Harriers
25	22:14.0	612	SM	D	Paddon	
26	22:19.0	559	SM	Gary	Cook	North Herts Road Runner
27	22:19.0	591	SM	Steve	McKeown	North Herts Road Runner
28	22:22.0	624	SM	?	Sydenham	
29	22:23.0	614	MV40	Adrian	Sherwood	
30	22:23.0	537	MV40	Ed	Willis	
31	22:23.0	599	SM	Jonathan	Pritchard-Barre	Pirton Tennis Club
32	22:32.0	529	U17	Andrew	Musset	Hare & Hounds HHH
33	22:33.0	598	MV50	Jeff	Dowsett	Stopsley Striders
34	22:39.0	531	MV50	Phil	Clarke	Amphill & Flitwick Flyers
35	22:42.0	584	SM	Mark	Shepherd	
36	22:48.0	413	WV35	Paula	Downing	
37	22:50.0	596	MV40	Jim	Moffatt	Pirton Tennis
38	22:56.0	536	Number issued to Rosanna St John who was initially entered in the			
39	23:00.0	534	MV50	Hugh	St John	
40	23:02.0	572	MV40	Andrew	Harper	VCAC
41	23:22.0	601	BU15	Tom	Young	North Herts Road Runner
42	23:22.0	611	MV40	Martin	Beare	Flitwick Flyers
43	23:22.0	600	MV40	Mark	Young	North Herts Road Runner
44	23:40.0	597	SM	G	Broner	
45	23:44.0	532	MV40	Andy	Atherton	Amphill & Flitwick Flyers
46	23:46.0	Boy - no number family				
47	23:46.0	607	SM	Matthew	Kennington	
48	24:03.0	605	MV40	Keith	Hammond	
49	24:10.0	147	BU13	Josef	Rivers	Riverside Runners
50	24:14.0	587	MV50	Derek	Simpson	
51	24:18.0	547	SM	David	Sabey	Amphill & Flitwick Flyers

52	24:19.0	620 SM	Miles	Pool	
53	24:20.0	533 MV40	Steve	Mayfield	Odyssey Runners
54	24:25.0	603 MV40	Brian	Taylor	North Herts Road Runner
55	24:30.0	558 SM	Paul	Holmes	Long Eaton Running Clut
56	24:35.0	Man - no number family			
57	24:37.0	414 WV35	Rebecca	Baxter	
58	24:39.0	504 SM	Richard	Holloway	Stratford upon Avon
59	24:45.0	523 SM	Graeme	Ford	
60	24:49.0	613 MV40	Liam	Hargadon (?)	
61	24:50.0	542 SM	Matt	Clarke	
62	24:58.0	538 MV40	Graham	Duff	
63	25:01.0	608 MV40	Alan	Eavans	
64	25:09.0	458 SW	Alli	Northcott	
65	25:10.0	552 SM	Neville	Rowe	
66	25:10.0	577 MV40	Robert	Boss	North Herts Road Runner
67	25:14.0	515 SM	Alan	Scott	
68	25:15.0	548 SM	Michael	Alcock	Ampthill & Flitwick Flyers
69	25:16.0	551 MV50	Grahame	White	Stopsley Striders
70	25:18.0	525 SM	Ken	Meenan	Fairlands Valley Spartans
71	25:28.0	522 SM	Rob	Smith	
72	25:34.0	516 MV40	Mark	Seaman-Hill	Pirton Tennis Club
73	25:37.0	439 WV35	Liz	Kissames	Watford Harriers
74	25:37.0	623 MV40	Andy	Shiers	
75	25:39.0	617 MV40	Kim	Jungreuthmayer	
76	25:51.0	510 SM	Paul	Malone	
77	26:00.0	Lady - no number family			
78	26:06.0	440 WV45	Rachel	Lancaster	North Herts Road Runner
79	26:05.0	526 SM	Rob	Taylor	
80	26:15.0	540 MV40	Harry	Thompson	
81	26:26.0	454 WV35	Charlotte	Rhodes-James	
82	26:33.0	421 SW	Eleanor	St John	Las Vegas Track Club
83	26:33.0	505 SM	Chris	Creedy	
84	26:33.0	451 SW	Joanna	Mindenhall	
85	26:33.0	405 SW	Emily	Robinson	
86	26:47.0	506 MV40	Paul	Brooks	Luton Athletic
87	26:59.0	511 SM	Martin	Lines	Stopsley Striders
88	27:05.0	621 MV50	Simon	Dunk	Crewherne
89	27:14.0	625 SM	David	Watkinson	
90	27:15.0	158 GU13	Helen	Harbon	North Herts Road Runner
91	27:16.0	453 WV50	Anna	Priestley	North Herts Road Runner
92	27:16.0	457	Emily	Lockyer	
93	27:21.0	137 GU11	Caroline	Willis	St Albans Athletics
94	27:21.0	423 WV35	Liz	Willis	
95	27:26.0	509 MV50	Tony	Browne	Ware Joggers
96	27:30.0	442 SW	Sally	Shepherd	
97	27:35.0	549 MV50	John	Harper	
98	27:35.0	571 MV45	?	Willock	Stopsley Striders
99	27:37.0	400 SW	Lindsay	Cook	North Herts Road Runner
100	27:47.0	443 WV35	Penny	Fletcher	Biggleswade AC
101	27:56.0	159 GU11	Katie	Harbon	North Herts Road Runner
102	27:56.0	449 WV35	Jo	Harbon	North Herts Road Runner
103	28:03.0	589 MV40	Greg	Blount	

104	28:08.0	429 MV50	Clive	Millar	
105	28:08.0	618 SW	Mandy	Waters	FVS Tri
106	28:10.0	445 WV35	Sally	Harkins	North Herts Road Runner
107	28:13.0	604 MV40	David	Harkins	North Herts Road Runner
108	28:21.0	450 SW	Amy	Lockyer	
109	28:27.0	530 MV40	Steve	Musset	Hare & Hounds HHH
110	28:35.0	512 MV40	Ian	Crombie	
111	28:44.0	609 SM	Tim	Brockton	
112	28:54.0	435 SW	Rosanna	St John	
113	28:54.0	580 SM	Richard	Eastbrook	
114	29:59.0	428 WV35	Sarah	Birtles	
115	29:02.0	444 SW	Christine	Davies	
116	29:02.0	602 SM	Michael	Davies	
117	29:16.0	448 SW	Rebecca	Broughton	
118	29:23.0	446 WV35	Mary	Cameron	
119	29:38.0	422 SW	Liz	Green	Rickmansworth Rng Siste
120	29:51.0	410 WV35	Angela	King	
121	29:51.0	586 SM	Will	White	
122	29:54.0	593 MV50	Peter	Cooper	
123	30:00.0	561 SM	John	Brooks	
124	30:00.0	438 WV35	Sheila	Brooks	
125	30:13.0	554 MV40	Royston	Donohue	Cannon Cruisers
126	30:19.0	622 MV50	Trevor	Smith	
127	30:23.0	431 WV35	Karen	Hollingsworth	Amphill & Flitwick Flyers
128	30:23.0	553 MV40	Richard	Hollingsworth	Amphill & Flitwick Flyers
129	30:27.0	544 SM	Rob	Smart	Le Bison Fute Club
130	30:40.0	430 WV45	Miranda	Morgan	Stopsley Striders
131	30:47.0	582 MV50	Phil	Bierton	Flitwick Flyers
132	30:49.0	417 WV35	Victoria	Ford	
133	30:54.0	412 SW	Jessica	Taylor	
134	30:59.0	415 WV45	Kim	Taylor	
135	31:02.0	546 SM	Mark	Donovan	
136	31:00.0	545 MV60	Peter	Donovan	
137	31:04.0	594 MV40	Jack	Rivers	Riverside
138	32:17.0	404 WV35	Karen	Franklin	North Herts Road Runner
139	32:17.0	507 MV40	John	Franklin	North Herts Road Runner
140	32:17.0	517 MV40	Iain	Luck	Pirton Tennis Club
141	32:30.0	419 SW	Stephanie	Lorraine	
142	32:59.0	555 SM	Sean	Gemmell	Cannon Cruisers
143	33:12.0	432 WV55	Monica	Winston	
144	33:21.0	527 SM	Mark	Roberts	
145	33:24.0	441 SW	Jo	Wilson	Stopsley Striders
146	33:32.0	588 MV50	Richard	Clark	
147	33:36.0	610 MV40	David	Kellett	
148	34:01.0	447 WV35	Nadya	Labib	Serpentine RC
149	34:03.0	452 WV35	Suzanne	Edbrooke	Pirton Tennis Club
150	34:50.0	402 SW	Hannah	Self	
151	35:27.0	556 MV40	John	Stephens	Zurich Dickbaucher
152	35:36.0	433 WV45	Sue	Coveney	
153	36:21.0	436 SW	Rebecca	Self	
154	36:33.0	411 W35	Debbie	Luck	Pirton Tennis Club
155	36:43.0	427 WV45	Lorraine	Houghton	

156	36:43.0	578 MV60	John	Wickersham	WAOC
157	37:37.0	403 SW	Melissa	Creedy	
158	37:37.0	633 SM	Paul	Kitko	
159	41:07.0	632 SM	Dave	Gilyeat	
160	41:07.0	456 WV35	Christine	Gilyeat	
161	41:07.0	619 MV40	Brian	Buggins	
162	41:16.0	420 WV55	Kate	St John	Rickmansworth Rng Siste
163	42:22.0	459 WV35	Nicola	Watkinson	
164	42:45.0	425 WV35	Tina	Brown	Stragglers
165	43:50.0	508 MV40	Peter	McMeekin	Archers
166	44:53.0	426 WV55	Tessa	Smart	Le Bison Fute Club